

A description about the noticing thing and the not noticing things in an evaluation of a method of treatment called “*MARTE MEO within the social service*”.

#### **THANKS AND LOOK FORWARD TO LILLEHAMMER 2008**

Beautiful view, tasty food, pleasant staff, good comfort, good dance music, new reflections and new knowledge made the conference a **very good one**.

We in Sweden say “*Thank you Denmark!*”, and we are looking forward to Lillehammer in 2008,

KRISTINA BROLIN  
Chairwoman, The Swedish MARTE MEO Organization

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### MARTE MEO ON THE FAEROE ISLANDS: **“MARTE MEO FELAG FØROYA”**

**BESSI BJARNASON** | FAEROE ISLANDS



Photo: Members of Marte Meo Felag Føroya & Maria Aarts, at the Nordic Congress, Nyborg (2006)

**In March 2005 the first twenty MARTE MEO Therapists graduated in the Faeroe Islands. Pernille Roug Jacobsen made it possible for us by travelling every other month during 1½ years from Denmark to the Faeroe Islands and she also gave us long distance guidance. Thanks a lot to you Pernille!**

**Before I tell you what we have been doing during the first year, since we graduated, I would like to tell you where the Faeroe Islands are situated geographically.**

### “IN THE MIDDLE OF THE ISLANDS”

The *Faeroe Islands* are in the North Atlantic Ocean, 450 km Southeast of Iceland and 322 km Northwest of the Shetlands. The Faeroe Islands are a cluster of 18 islands with a total land area of about 1,400 square kilometres (1/3 of Denmark). People live on seventeen of the Faeroe Islands. The distance from North to South of the Faeroe Islands is 118 km and from East to West is 79 km. The highest mountain is 882 meter and the average height of all land above sea level is 300 meter.

About 48.000 people live on the islands, and... 70.000 sheep. The largest town on the Faeroe Islands is *Torshavn* (the Islands' capital) with about 18.000 inhabitants. Fishing is the major industry.

Similar entertainment is available here, in one form or another, as is found in the rest of Europe. You can go to the cinema, a dance, a concert or sometimes the theatre, but such things are of course not on the same scale as in bigger towns.

### “MARTE MEO FELAG FØROYA”: THE FAEROE ISLANDS' MARTE MEO ASSOCIATION

Then back to MARTE MEO. Three months after we graduated we established an MARTE MEO Association, called “*Marte Meo Felag Føroya*”. The association was established to support the members in their work with the MARTE MEO Method to create and support an environment where the members have the possibility to communicate about their experiences working with the MARTE MEO Method. One of the goals is to give information about the MARTE MEO Method. We also have several arrangements for the members to keep the spirit alive.

### THE GOALS OF “MARTE MEO FELAG FØROYA”



During the first year of the MARTE MEO Association we have concentrated on information about the MARTE MEO Method. We made a booklet about the method's idea, where and how it can be used. The next step with the booklet is to reprint it and spread it out to schools, kindergartens, health cares, medicine centre and other relevant places. That was planned for September 2006.

We have worked on translations of relevant subjects about the MARTE MEO Method to use, while we inform about the MARTE MEO Method. The material is shared between the members by e-mail.

We also wrote in the newspapers and some of us very enthusiastically lectured on the MARE MEO Method in kindergartens and for professional people in the health service and also at schools.

### WHERE THE MARTE MEO METHOD IS USED ON THE FAEROE ISLANDS

If we have a look now where the MARTE MEO Method is used, we see that kindergartens and day care nurseries are the main area nowadays.

Ten of twenty therapists work in kindergartens or day care nurseries, as a staff or

in leadership.

Three are working in institutions where families with social and emotional problems live for a couple of months and where they get treatment.

Three of us work in the support system where adults or children get support in daily life.

Two of us work in health children nurse care, one at a special education centre and one works with young children.

Most of the therapists use the method in their work, but some have started their own business beside their jobs.

### NEXT YEAR

Next year (2007) we shall continue to work with information about the MARTE MEO Method. We hope we can arrange public lectures with someone with special knowledge of how the MARTE MEO Method is used in special areas, e.g. elderly care taking or schools.

We also hope that we can realise our own website, to make us more visible.

### INFORMATION:

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## NEW MARTE MEO Certificate Holders (PERIOD: 1-6-2006 / 1-10-2006)



GONNIE AARTS | EDITOR

Here are given per country the names of the students who successfully completed their MARTE MEO course and received thereafter a MARTE MEO Certificate during the period 1-6-2006 / 1-10-2006. See for the new certificate holders of the previous period MARTE MEO *Magazine* 2006/1 and earlier issues of the MARTE MEO *Magazine*. Every MARTE MEO Certificate has a unique number and is registered with the organisation of MARTE MEO INTERNATIONAL, Eindhoven.

- Information about **MARTE MEO Courses** can be found on the MARTE MEO web site: [www.martemeeo.com](http://www.martemeeo.com) > Courses & Presentations > Training Weeks, or on page: > ReVision Courses & Days.
- For further information about the **procedure of certification** see: [www.martemeeo.com](http://www.martemeeo.com) > Courses & Presentations > Certification. • Or contact: MARTE MEO INTERNATIONAL, Attn. Maria Aarts, Molenveld 20, 5611 EX Eindhoven, The Netherlands. Tel. (0031)-(0)40-246 05 60; fax (0031)-(0)40-236 48 82; e-mail: [AartsMaria@martemeeo.com](mailto:AartsMaria@martemeeo.com); web site: [www.martemeeo.com](http://www.martemeeo.com). FURTHER INFORMATION: Maria Aarts, [AartsMaria@martemeeo.com](mailto:AartsMaria@martemeeo.com). Please notice, that only the new MARTE MEO certificate holders are given as far as they were sent to MARTE MEO INTERNATIONAL, Eindhoven, by their concerning supervisors during the